3. Heart in cloth stitch

Thread: Linen 28/2 Pairs: 5

Start with all 5 pairs. Finish with a series of reef knots.



4. Heart in half stitch

Thread: Linen 28/2 Gold Thread Pairs: 5 (perhaps 4 red and 1 gold)

Start with all 5 pairs.

The gold pair can be used as a passive but not as the worker pair.

Finish with a series of reef knots.

